

NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA

0444 '96 JUN 23 P2:18

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Spring Valley Super B Complex in a base of Yeast and Liver** bearing the statement set out below:

Weider Nutrition International., Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure-function claim for **Super B Complex** is as follows:

(Statement 1) B vitamins are interdependent upon each other to achieve a wide variety of metabolic functions affected by physical stress.

(Statement 2)

(Statement 3)

(Statement 4)

(Statement 5)

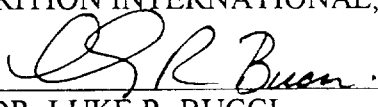
(Statement 6)

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 3rd day of June, 199 8.

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI
Vice President of Research

STRUCTURE / FUNCTION CLAIMS 0445 96 JUN 23 P2:18

NUTRIENT: B Complex

DATE: May 15, 1998
Document Name: sf12bcom.wpd

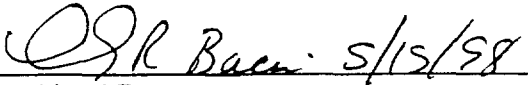
BY: Original (reviewed by LRB)

BRAND, CODE # & PRODUCT NAME(S): Spring Valley 43585 Super B Complex in a base of Yeast and Liver (100t)

NUTRIENT AMOUNT: Vitamin C: 150mg; B1: 100mg; B2: 20mg; B3: 25mg; B6: 2mg; B12: 15mcg; Pantothenate: 5mg; Liver powder: 100mg; yeast: 100mg per serving (one tablet)

STRUCTURE/FUNCTION CLAIM:

B vitamins are interdependent upon each other to achieve a wide variety of metabolic functions affected by physical stress.


Approved by / Date

REFERENCES:

1. Machlin LJ. Ed. *Handbook of Vitamins. Second Edition, Revised and Expanded*, 2nd ed., Marcel Dekker, New York, 1991.
2. Combs GF. *The Vitamins. Fundamental Aspects in Nutrition and Health*, Academic Press, San Diego, 1992.